

Fourth Box Foundation Bursary Application Mindfulness-Based Interventions



Bursaries are applicable to certain programs only. They are in limited supply for those who need it most. Please note: incomplete forms will not be considered. We process applications in the order in which we receive them. We will contact applicants directly regarding availability & placement.

Applicants must meet the following guidelines from Statistics Canada (2014):

Low income cut-offs (per household, before tax)

1 person	2 persons	3 persons	4 persons	5 persons	6 persons	7 persons+
\$24,328	\$30,286	\$37,234	\$45,206	\$51,272	\$57,826	\$64,381

Applicant Information

First Name: _____ Email: _____

Last Name: _____ Phone #: (____) _____

Address: _____ OHIP #: _____

Postal Code: _____ Have you applied to our bursary before? Yes No

Date of Birth: M____/D____/Y____ Requested Program/s (e.g. MBCT, CBT, etc.): _____

By signing here: I, _____, the applicant, confirm I meet the low-income cut-offs listed above, agree to attend each session, and pay what I can toward the cost of the program, which is \$_____.

Optional comments: _____

Referral Source Information

First Name: _____ Referral Date: _____

Last Name: _____ Phone: (____) _____

Referring Organization: _____ Fax: (____) _____

Email: _____ Address: _____

Supervisor*: _____

**Social service workers and/or volunteers are asked to please confirm the applicant's eligibility with a supervisor.*

Client History/other info: _____

By signing here: I, _____, the referrer, confirm that the applicant has a primary care physician and a therapist if/as required, is suitable for the program, is committed to attending each session and is in need of financial assistance as per the low income cut-offs listed above.

Please send completed application to the Centre for Mindfulness Studies

by fax: (855) 344-9519 or email: info@mindfulnessstudies.com

Address: 180 Sudbury Street, Toronto, Ontario M6J 0A8 Phone: (647) 524-6216

www.MindfulnessStudies.com

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