

Core MBCT Facilitation (Level 1) Alternative Module Request Form

You may request that an alternative course or work experience be considered as a replacement for one of the five core modules of the MBCT Facilitation Certificate Program by completing this form and submitting payment.

Assessment Fees (as a charity, we do not charge HST)

- MBCT Basics **\$100**
- CBT: A Primer **\$100**
- MBCT for Preventing Depressive Relapse **\$200**
- Practicum on MBCT Facilitation **\$200**
- Refining Inquiry **\$100**

If you are requesting **4** alternative modules, the assessment fee is **\$450**; to assess all **5** modules, **\$525**.

Please Note: Assessment fees are non-refundable, regardless of the outcome of your request.

Form & Payment Submission Options

- Mail us your completed request form(s) and a cheque for the required assessment fee(s).
- Drop by our office with your completed request form(s) and the cash or cheque payment.

Please note that an online payment option will soon be available.

Your Name _____ Today's Date _____

Email _____ Phone Number _____

Mailing Address _____

Core MBCT Facilitation Module to be considered for replacement _____

Description of alternative training or instruction _____

Date Completed _____ Hours of Training _____

Location _____

Facilitator or Supervisor (*name and credentials*) _____